
Fort Worth, TX



Women & Heart Health

Dr. Nina Asrani, M.D.

Nina Asrani, M.D., was born in the Bronx, N.Y., but grew up in Fort Worth. She received her bachelor's degree from Rice University in Houston as a dual major in biochemistry and Spanish literature and graduated with high honors from Baylor College of Medicine in Houston as a member of the Alpha Omega Alpha medical honor society.

She completed training in internal medicine at Washington University in St. Louis/Barnes-Jewish Hospital, where she also served as a chief resident at their VA hospital. She completed her training in cardiovascular diseases at the Mayo Clinic in Rochester, Minn., with additional subspecialty training in non-invasive cardiac imaging. She has completed level III certification (the highest level of certification, which is required to be a clinical lab director) in echocardiography, cardiac CT, and cardiac MRI, and also has specialty training in nuclear stress testing.

Asrani is board-certified in internal medicine and cardiovascular diseases. Her professional interests include general cardiology; women's cardiovascular health; and non-invasive imaging, including cardiac CT and MRI. She joined Consultants in Cardiology in 2013. Asrani is on the Board of Directors for the American Heart Association. She is the past Board President and also is a member of the Go Red for Women Executive Leadership Team.

Asrani is married and has four children. In her free time, she enjoys spending time with her family, cooking and traveling.